

COVID Guidelines for August 2021



	Monitoring Symptoms	<p>All staff and students must self-screen at home each day before leaving for school. COVID Symptoms include: Fever/chills, Cough, Shortness of breath/difficulty breathing, Fatigue, Muscle/body aches, Headache, New loss of taste/smell, Sore throat, Congestion/runny nose, Nausea/vomiting & Diarrhea.</p>	CDPH₄
	Masks: Schools	<p>Outdoors - Masks are optional outdoors for all students and staff and recommended outdoors while in crowded areas</p> <p>Indoors - Masks are required for all students and staff in all classroom and school non-classroom settings, including hallways, school offices, restrooms, gyms, auditoriums, etc.</p> <p>Acceptable Masks include double-layer cloth masks and disposable hospital masks. Bandanas and gaiter masks are not acceptable.</p> <p>Masks are Available for anyone who forgets or loses theirs</p> <p>School Buses - Masks are required on school buses</p>	CDPH₂ CalOSHA₂ CDPH₄ CDPH₂
	Distancing	<p>There are no distancing requirements for the classroom, but we are setting up classrooms to encourage spacing.</p> <p>On school buses, space between all occupants will be maximized, and open windows to the greatest extent practicable. Two windows on a bus should be opened fully at a minimum.</p>	CDPH₄
	Ventilation	<p>Ventilation at all SCCS sites has been evaluated, and meets or exceeds recommendations from the CDC and CDPH.</p>	CalOSHA₂ CDPH₄
	Cleaning & Disinfecting	<p>Staff and students will clean frequently-touched surfaces at school and continue frequent handwashing and sanitizing.</p> <p>Buses will be thoroughly cleaned daily. All buses, facilities & rooms that have had a person with COVID-19 symptoms within the last 24 hours will receive additional cleaning & disinfecting.</p>	CDPH₄
	Isolation	<p>Students or staff with COVID-19 symptoms or who test positive for COVID-19 must isolate. If symptoms occur at school, students will be kept in a care room until picked up by their caregivers.</p> <p><u>Students & Staff may return to school when:</u></p> <ol style="list-style-type: none"> 1. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and 2. Other symptoms have disappeared; and 3. They have a negative PCR test for COVID, OR a healthcare provider has confirmed an alternative diagnosis, OR at least 10 days have passed since symptom onset. 	CDPH₄


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	<p>Quarantine After Exposure (15+ minutes within 0-6 feet indoors or outdoors)</p>	<p><u>Exposed, Maskless & Unvaccinated:</u> Must quarantine for 10 days. Recommend testing 5-7 days from last exposure (but will not shorten 10-day exclusion if negative). Asymptomatic close contacts must continue to self-monitor for symptoms for 14 days.</p> <p><u>Exposed, Masked & Unvaccinated:</u> Students may continue in-person if they are asymptomatic, appropriately masked, undergo antigen testing twice weekly and forgo all extracurricular activities for 10 days.</p> <p><u>Exposed & Vaccinated:</u> No quarantine.</p>	<p>CDPH₄</p>
	<p>COVID-19 Vaccination</p>	<p>All individuals are strongly recommended to receive COVID-19 vaccines at the first opportunity to reduce the risks of contracting COVID-19 and spreading it to family members and others.</p>	<p>CDPH₄</p>
	<p>Travel Advisory</p>	<p>There is now no California requirement to test and quarantine before and after travel. CDPH encourages following CDC recommendations that unvaccinated travelers returning from travel out of the state/country to quarantine for 10 days, or 7 days if test negative 3-5 days after travel.</p>	<p>CDC</p>
	<p>Visitors</p>	<p>Limit nonessential visitors, volunteers and activities involving other groups at the same time. School tours are considered a non-essential activity and increase the risk of in-school transmission.</p>	<p>CDPH₄</p>
	<p>Food Services</p>	<p>Students will eat outdoors and will be allowed to sit without masks. Students will wear masks when picking up lunch.</p>	<p>CDPH₄</p>
	<p>Quarantine after exposure where both parties are wearing masks at school</p>	<p>Fully vaccinated individuals need not quarantine after exposure.</p> <p>Unvaccinated staff who have close contact to a positive case must quarantine and may return to work when 10 days have passed since the last known close contact (regardless of if both parties were wearing masks or not).</p> <p>When a student is exposed at school (more than 15 minutes over a 24-hour period within 0-6 feet) where both parties were <u>wearing a mask</u> in any school setting in which students are supervised by school staff (including indoor or outdoor school settings and school buses, including buses operated by public and private school systems), unvaccinated students may undergo a modified 10-day quarantine and continue to attend school if they:</p> <ul style="list-style-type: none"> • are asymptomatic; • continue to appropriately mask, as required; 	<p>CalOSHA₂</p> <p>CDPH₄</p>

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		<ul style="list-style-type: none"> undergo at least twice weekly testing during the 10-day quarantine; and continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting. 	
	<p>Quarantine after exposure without a mask</p>	<p>Unvaccinated students must quarantine if they are exposed to a COVID-19 positive case when one or both parties were <u>not wearing a mask</u>. Quarantine can end after Day 10 from the date of last exposure without testing; OR Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.</p> <p>Asymptomatic close contacts must continue to self-monitor for symptoms through day 14 from last known exposure. If any symptoms develop during this 14 day period, they must immediately isolate, get tested and contact their healthcare provider.</p>	<p>CDPH₄</p>

CDPH₁ Framework - Updated 6/4/2021 - No longer in effect

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/COVID19-K12-Schools-InPerson-Instruction.aspx>

CDPH₂ masks - Updated 6/15/2021

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx>

CDPH₃ Guidance for Child Care Providers and Programs - Updated 6/29/2021

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Child-Care-Guidance.aspx>

CDPH₄ COVID-19 Public Health Guidance for K-12 Schools in California, 2021-22 School Year - Updated 7/12/2021

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx>

CalOSHA₁ News Release - Updated 6/17/2021

<https://www.dir.ca.gov/DIRNews/2021/2021-62.html>

CalOSHA₂ Standards - Updated 6/17/2021

<https://www.dir.ca.gov/oshsb/documents/Jun172021-COVID-19-Prevention-Emergency-txtbrdconsider-Readoption.pdf>

CalOSHA₃ FAQ - Updated 6/18/2021

<https://www.dir.ca.gov/dosh/coronavirus/COVID19FAQs.pdf>

CDC Travel - Updated 6/10/2021

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html#if-you-travel>

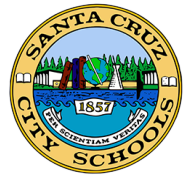
State Public Health Officer Order of 6/11/2021

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Order-of-the-State-Public-Health-Officer-Beyond-Blueprint.aspx>

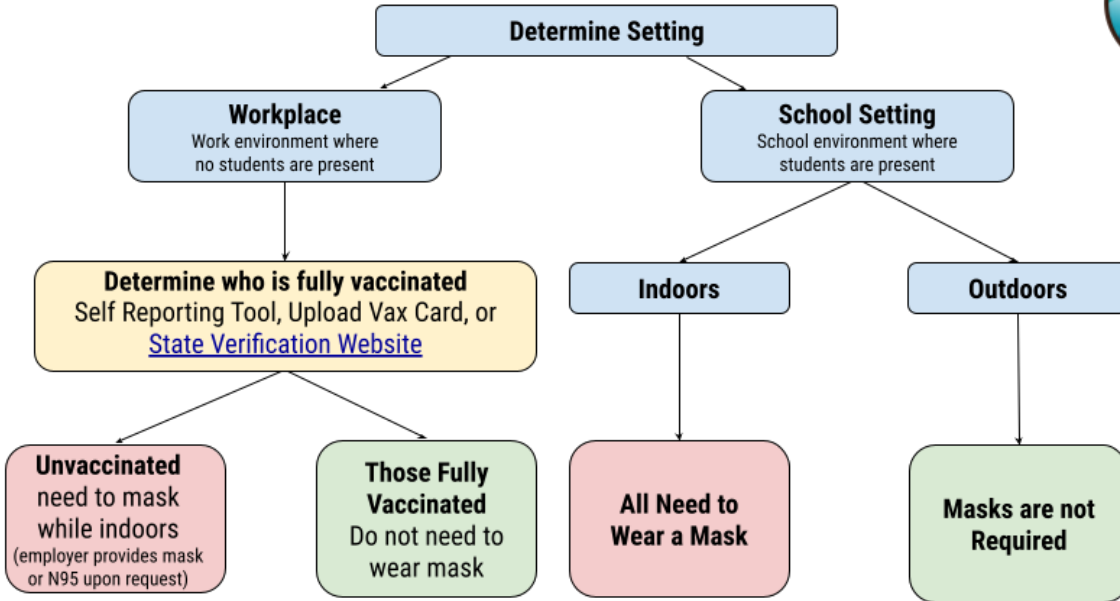
Title

<https://regulations.justia.com/states/california/title-22/division-6/chapter-5/subchapter-2/article-6/84278-1/>

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Guidelines for Masks in K-12 Schools and Workplaces



Sources: [Cal/OSHA Standards](#), [CDPH Guidance for the Use of Face Coverings](#), [CDPH Guidance](#), Updated: 7/13/2021